

# New Wellness Center Taking Shape

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AUBURN UNIVERSITY MONTGOMERY'S WELLNESS CENTER

concept for the AUM Wellness Center as "healthy building, healthy bodies." He said it emphasizes the correlation between environmental sustainability and individual wellbeing. Designed to meet at least the criteria for LEED Silver certification, the building will provide abundant natural light and ventilation. It will include a reflecting pool designed to capture and filter storm water runoff into surrounding bio-swales and rain gardens. It also preserves and embraces an adjacent 100-year-old oak tree.

Wellness has become a priority in central Alabama, which was recently ranked as one of the most obese areas in the nation. As a reflection of the project's importance, the AUM Student Body Association lobbied hard for the Wellness Center, even convincing students to raise their activity fees to help fund the project.

"The Wellness Center exemplifies AUM's strong commitment to providing exceptional facilities for our students and community," Chancellor Veres said. "It will set a new standard for excellence on our campus."

Kansas City, Mo. - A new \$20 million Wellness Center is taking shape on the Auburn University Montgomery (AUM) campus.

Groundbreaking was Feb. 4 for the comprehensive, 70,000-s.f. facility. Designed by 360 Architecture in association with Infinity Architecture, the Wellness Center goes beyond recreation and sport to emphasize lifestyle.

"It's a signature building," said AUM Chancellor John Veres. "When complete in 2012, it will inspire not just users but the entire AUM community."

The center will serve as a new gateway to the AUM campus. It will include weight training and cardiovascular areas, aquatics facilities, a running track, climbing wall, and a multipurpose gymnasium. Also provided are spaces from a sun garden to classrooms to performance labs that encourage people to make healthy choices in their lives.

James Braam, senior designer at 360 Architecture, described the



NEW GATEWAY TO CAMPUS & PERSONAL FITNESS



HEALTHY BUILDING, HEALTHY BODIES

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